Batterer Intervention Program (BIP) Facilitator Training
with David Garvin and Jeffrie Cape
Thursday, May 3 & Friday, May 4, 2012
8:00 a.m. – 5:00 p.m. each day
Nativo Lodge, 6000 Pan American Fwy, NE
Albuquerque, New Mexico

Please complete the cards

- Your Name
- Organization Name
- I facilitate _____ Groups per week
- I rate my skill level at a ____ (Scale of 1-10)
- Have you seen us present before

Conceptual Clarity
Correctly Unpacking and Understanding Men’s Violence Against Women
Jeffrie K. Cape
David J. H. Garvin
OPENING OBSERVANCE

- We welcome you to the NMCADV Batterer Intervention Program Facilitator Training. The purpose of NMCADV Batterer Intervention Program Facilitator Training is to further educate ourselves about the domestic violence.
- This process offers a place for us to explore our understanding of domestic violence.
- We are here to challenge our beliefs and expand our perceptions. We are preparing ourselves for facilitation of batterer intervention programs in our communities. We have chosen to open the group with the following song because it reflects our goal and purpose.

INNOVATION

Candle Lighting

We light this candle in recognition, reflection, memory and honor of all battered women and children, especially those who have been murdered by their batterers.

Turn Candle on

“We invite any reflections or dedications you wish to share”

INNOVATION
CELL PHONES: Please turn off or on silent

If yours rings during today’s session, we all get to talk to whomever is calling... Deal?

Disclaimer

- This training will focus on issues related to perpetration of heterosexual interpersonal violence
- Telling the truth...and keeping it real
- Use of metaphors

Who Are You?

- Name
- Position
- What is your biggest challenge as a BIP facilitator
CONCEPTUAL CLARITY
What you understand and believe will guide your interventions.
(for better AND for worse)

Albuquerque New Mexico Sunset

BATTERING IS:
Instrumental, strategic, and purposeful behavior designed to bring about an outcome.
What does it mean for you to seriously consider this?

Batterer’s Deserve Full Credit For What They’ve Done!

What’s stopping them from getting it?

NO EXCUSES

KNOW EXCUSES.

Battering is always a Choice.
Understanding the motivation of the batterer

**Why Does She Stay?**

Exercise

Consider...

A time when you have been stuck in a job or a class or some other situation you hate, yet each Monday morning or whenever you are supposed to confront it, you get out of bed and get to it.
1. What did you say to yourself about it?

2. How did you feel?

3. What did you do to get through the day?
4. What kept you going?

Conclusion...

What you get is a pretty good profile of a woman who is abused. ...Also a profile of all of us at times by virtue of being humans.

Why Does HE stay?

The question that we should be asking...
Why Does He stay?

- He gets what he wants...
- He gets to tell other people what to do...
- He gets to control the money...
- He gets to make the rules...
- He gets waited on...
- He gets to be The Boss
- Violence Works
- Nobody Knows
- The Neighbors and Church Members Still Like Him

Why Does He stay?

- No Protective Order is Ever Issued or Enforced
- It’s her Fault (SHE should leave) (or return)
- His Community Does Not Condemn Violence
- Who is going to believe her?
- “It’s *My* House”
- Free Sex/Housework on demand
- Her Salary is Convenient
- Free Childcare
- **He stays, because he is getting what he wants...when he wants it...and is willing to get it at the expense of another**

Barriers

<table>
<thead>
<tr>
<th>Anger</th>
<th>Family Hx</th>
<th>Loss of Control</th>
<th>Stress</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intoxication</td>
<td>Provocation</td>
<td>Childhood Trauma</td>
<td>Mental Illness</td>
</tr>
<tr>
<td>Mutual Abuse</td>
<td>Peer Communication Skills</td>
<td>Genetics</td>
<td>Culture</td>
</tr>
</tbody>
</table>
Ingredients:
Milled corn, sugar, malt
flavoring, high fructose
corn syrup, salt, iron,
niacinamide, sodium
ascorbate and ascorbic
acid (vitamin C),
pyridoxine hydrochloride
(vitamin B6), riboflavin
(vitamin B2), thiamin
hydrochloride (vitamin
B1), vitamin A palmitate,
folic acid, vitamin B12,
and vitamin D. To
maintain quality, BHT
has been added to the
packaging.

Ellen Pence
Battered Women’s Movement Leader
A Critical Move

Woman battering was not to be viewed as a family problem, ...

...but as a crime!

Continuum Toward Accountability

Accountability: Actions toward or involving others that reflect the integrity of the person you want to be.
What is the state of your Coordinated Community Response?

The “Community” should refer to the entire community.

Not Only the Criminal Justice system.

Coordinated Community Action Model

Incident Vs. Context

The language of recidivism is linguistically steeped in an incident based analysis.

The criminalization of men’s violence against women brought with it some unintended consequences.
"So what happens now?"
"We chase the lie 'til it leads to the truth."
Gil Grissom
(Fahrenheit 9/11)

LISTEN:
You will find the exceptions to the rule

Why Does he do this?
First we need to consider WHERE...he does this...

Domestic violence takes place in our culture which promotes, tolerates, endorses, condones, celebrates, and encourages violence against women.

Ice cream consumption and murder rates are highly correlated

Does ice cream incite murder, or does murder increase the demand for ice cream?

Concurrent ≠ Cause

Correlation does not imply causation

Is coughing a symptom or a diagnosis?

Ok then, What is it a symptom of?

Is Battering a Symptom or a diagnosis?
What are the characteristics of God?

- All Knowing
- Omniscient
- Omnipotent
- Loving
- Ever Present
- Forgiving
- Wrathful
- All Powerful
- Male
- Kind
-Father

---

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Crime Continuum

- 'Little Crimes'
- 'Slightly bigger Crimes'
- 'Medium Crimes'
- 'Worse Crimes'
- 'Really Bad Crimes'

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CRIMES

WILL COMMIT

- Speeding
- Theft
- Drunk & Driving
- Using Illegal Drugs
- Parking Tickets
- Copyright Infringement
- Tax Evasion

WILL NOT COMMIT

- There is little or no consequence
- Everybody does it
- I won’t get caught
- It’s expedient
- It’s no big deal
- It’s not a crime
- Doesn’t harm anyone

CRIMES

WILL NOT COMMIT

- Murder
- Rape
- Assault & Battery
- Child Abuse
- Arson
- Narcotics Sale
- Fishing without a license

What Do You See?

Who Is Right?

BATTERER

FRIENDLY

Solutions
We will now briefly explore, review and annihilate a few concepts.

The Interaction Model
Focuses on: couples improving communication, resolving conflict and ending violence. Both partners are seen as equals both in power and culpability.

Primary focus is external

The Batterer’s Goals In Marital Therapy
- To monitor information being told to his victim
- To be able to “refocus” the therapist and solicit their collusion in blaming her as the problem
- CONSIDER: Her presence either suggests that she is responsible for the battering or that her help is needed to change the batterer.

Battering is about a choice to dominate another person
NOT about a bad relationship!
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**The Ventilation Model**

Focuses on: Expressing anger both verbally and physically. You gotta get it out or you might explode!

*Primary focus is external*
Anger Management? NO!!!

Don't make me angry!
You wouldn't like me when I'm angry.

The problems with believing that battering is caused by ANGER:
- Premeditation
- Provocation
- Diffuses Responsibility and Prolongs Denial
- "Quick Fix" for the Batterer
- "Quick Fix" for the Community
- Patriarchy

Not for Abusers and Batterer's
Mental Illness?

- People with mental illness are generally more violent than the rest of the population.

- If the batterer does have a mental illness we see that his battering manifests in the same way that the non-mentally ill batterer manifests his violence.

  - Specifically, his only witnesses are his victims, his violence takes place behind closed doors, and he is only as violent as he is willing to be.

Spontaneous Behavior?

1. Design
2. Implementation

In order for it to happen once, it had to happen twice!
Why Don’t People Cuss In Church?

Why Don’t People Cuss In Church?

HYPOCRISY

Domestic Violence

The Relationship Between Addiction & Domestic Violence

Loss of Control Model

If He Is Out Of Control...

Ask yourself...how can we explain the infamous threat...

Wait til We Get Home!
A Round of Applause for our Volunteer

DRUNK!? Under which condition, sober or drunk, did our volunteer...

- need to be more focused on her/his goal?
- need to put more energy into remembering her/his purpose?
- need to be more determined to accomplish her/his goal?
- need to be more committed to her/his goal?

Y DRUNK!? How drunk would you have to be...
There are three major theories about the relationship between domestic violence and intoxication:

- Disinhibition
- Social Learning
- Deviance Disavowal

If you **think** alcohol causes you to do...

And Are **Invested** in that thought...

Then, when you drink, you will do...
Intoxication and Domestic Violence

You have a broken ankle & strep throat!!!

Black Out Vs. Passing Out

**Black Out**
- Full functioning
- Others cannot discern
- Not doing anything that goes against your moral code
- Don’t remember what happened after the black out
- Can be a few seconds or days

**Passing Out**
- You are unconscious

A DRUNK MAN’S WORDS ARE A SOBER MAN’S THOUGHTS
The essential feature of Impulse-Control Disorders is the failure to resist an impulse, drive, or temptation to perform an act that is harmful to the person or to others.

DSM-IV-TR: “…Intermittent Explosive Disorder is apparently rare.”

Because they can and we let them!
Because they thought it was a good idea.
Because it is effective.
Because they want what they want when they want it.
To stop her from doing something, to get her to do something, or simply to revel in dominance over her.

Moral vs. Strategic Behavior

This is simply any point in time where you want to begin charting

What did you want to happen?
What did you do to attempt to make that happen?

Right? Wrong?
Hi, I'm Bobby.

Billy just hit Bobby in the head, knocking him off the seesaw.

Why did Billy hit Bobby in the head?