

NMCA DV *Spotlight*

A monthly celebration of
the work happening
throughout our
Coalition!

Advocates of the Month

**SHELEE "SUNNY" CASSIDY SHERLLEEN CHARLEY
MARGARET "MOLLY" DELORIS**

Member Spotlight

**ROBERTA'S PLACE, INC.
OSHAY JARAMILLO**



Member Spotlight

ROBERTA'S PLACE, INC.

OSHAY JARAMILLO

Oshay Jaramillo is the Programs Manager at Roberta's Place, Inc in Cibola County, NM where she began her career in 2019 with an associate in Social Work. Oshay has worked with victims through the duration of her time at Roberta's Place. Oshay has worked diligently to be an agent of change throughout her time with Roberta's Place and guided the agency in establishing Trauma Informed service practices.

During her career at Roberta's Place, she has developed relationships that focus on serving victims in a manner that is client centered and strongly supports wrap around services for all participants engaged in services. Before her time at Roberta's Place, Oshay was the Clerk for the City of Grants where she gained relationships, skills and knowledge to be able to be an effective team member for Roberta's Place.

Oshay has spearheaded Community Outreach during her time at Roberta's Place, focusing on building relationships with organizations in Cibola County and the surrounding area. Oshay's passion to assist victims of domestic violence has motivated her to pursue a higher level of education to continue to grow in the field.

"So we've been really blessed by our community, by our grants – we recently received a Navajo Nation grant and so we have a lot going on here at Roberta's Place."



Listen to their first podcast interview releasing July 5th!

<https://anchor.fm/nmcadv>



Advocate of the Month

MARGARET "MOLLY" DELORIS
of Roberta's Place, Inc.

"One of the biggest successes would probably have to be working with the children for the children's capacity building project. Seeing families succeed, seeing children that started out with us when we were one of the pilot projects, now going on to... be in healthier home environments... they're happy, they're healthy..."

My name is **Margaret "Molly" DeLoris**. I am a member the Pueblo of Laguna in New Mexico and the mother of three children.

I have been employed at Roberta's Place a Domestic Violence program in Grants, New Mexico for the past nine years. My current roles are: Children's Program Supervisor/Client Services Coordinator/Legal Advocate and Case Manager.

As an advocate I have been able to utilize my training in trauma-informed practices and personal background as a survivor of sexual abuse and domestic violence to be a voice for victims, survivors and families in my community.

"It gives me an opportunity to feel what I experienced all those years ago has come around. Like it had a purpose. There were days when I didn't know if I was going to survive... those were the things that help me move forward to help the folks that come through our doors here."

Want to submit your amazing advocate? Use the link below to fill out our online form:

<https://forms.gle/V1Gi9HLVPK1Sv7W66>

Listen to her full podcast interview releasing July 12th!

<https://anchor.fm/nmcadv>



Advocate of the Month

SHELEE "SUNNY" CASSIDY of Roberta's Place, Inc.

"We celebrate victories big and small. Tiny victories like calling the doctor, like getting your room cleaned – just anything that can get you going and make you feel like you're worthy and you can do this.."

Hello I'm **Shelee "Sunny" Cassidy**. A former Classical Ballet instructor and studio owner. My passions are taking care of my family, and my work as a Case Manager and advocate of domestic Violence.

Roberta's Place is the hub of my work and community service here in Grants NM. I am part of an amazing team who accesses resources cross country. Our goal being to empower our people to heal, and ultimately live a joyful and peaceful life. A life without the fear and oppression of domestic violence.

"I'm glad that I've gone through everything that I have gone through because it gives me this amazing connection with anybody that I meet. and anybody that might need teaching or advocacy or anything like that within their lives..."

Want to submit your amazing advocate? Use the link below to fill out our online form:

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Listen to her full podcast interview releasing July 19th!

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Advocate of the Month

SHERLLEEN CHARLEY

of Roberta's Place, Inc.

"Growing up I'd seen domestic violence not just within my own family but friends, family, cousins... and I've always wondered why that happened... and I wanted to make a difference and try to be that person's lean-on, go-to, and someone to speak for them."

Yá'át'ééh (Hello) I am a Native American woman from the Navajo Nation. My name is **Sherlleen Dena Charley** I am from a little town called Crownpoint NM. I have worked for Robertas Place Inc. in Grants NM for almost 7 years. I am the shelter manager and administrative support manager. I enjoy listening to punk music, playing my drums and baking for self-care. I have 2 amazing daughters who mean the world to me.

I chose this career to be able to make a difference in my community and surrounding areas. I too am a survivor of domestic abuse. I know the feeling of being alone and feeling like there is no way out. Working in this field and being able to see life through that trauma informed lens is life changing. I plan to continue to advocate for others who feel like they have no voice and to reassure these victims that there is a way out. You do have a voice! You matter! You deserve to be happy, heard and loved!

"...and there are places like this – there are people out there that actually care... support system. We do have our regulars that come back and they're like, I'm home and we're glad that they're there and we're glad we get to see them alive another day."

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Take Care

GET BREATHING

Your body has a built-in stress reliever...

Breathing can have a profound impact on our physiology and our health. Some benefits include:

- calms anxiety
- eases depression
- manages stress
- improves sleep
- improves focus
- faster recovery from exercise

Deep breathing activates the vagus nerve, which is like the boss of the parasympathetic nervous

system, overseeing things like mood, digestion, and heart rate. It will also send more oxygen to your brain and other organs.

And the best part is all the ingredients are free and literally right under your nose.

Take a breath.

ODVN has an [amazing library of breathing exercises](#) you can watch. Bookmark it and get back to it when you need some extra stress relief.

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"There can be no keener revelation of a society's soul than the way in which it treats its children."

NELSON MANDELA

Feedback? Email Rochelle@nmcadv.org