

NMCA DV Spotlight

Member Spotlight

**CRISIS CENTER OF
NORTHERN NEW MEXICO**



SELENA MOYA
INTERIM EXECUTIVE DIRECTOR

Advocate of the Month
ANDREA RECTOR



Member Spotlight

CRISIS CENTER OF NORTHERN NEW MEXICO

SELENA MOYA

Selena Moya has been employed with the Crisis Center of Northern New Mexico for four and a half years. She has had the pleasure of being an Advocate, Billing Specialist, and Service Coordinator and now being Interim Director. She comes from a Psychology and Substance Abuse educational background.

"I feel that having a great team and being able to support one another has a lot to do with our work and being able to just have a support system—and be able to build with one another so that way our services can be effective and being able to be accessible to our clients."

"In order to address domestic violence behavior it takes a community as a whole and there's different factors that play into addressing domestic violence. So [we are growing and innovating as an organization by] collaborating with other organizations and, building community engagement."



Listen to their podcast interview releasing January 6th!

<https://anchor.fm/nmcadv>



Member Spotlight

CRISIS CENTER OF NORTHERN NEW MEXICO



CCNNM ADVOCATE BACKYARD CLEAN UP



CCNNM Shelter Backyard

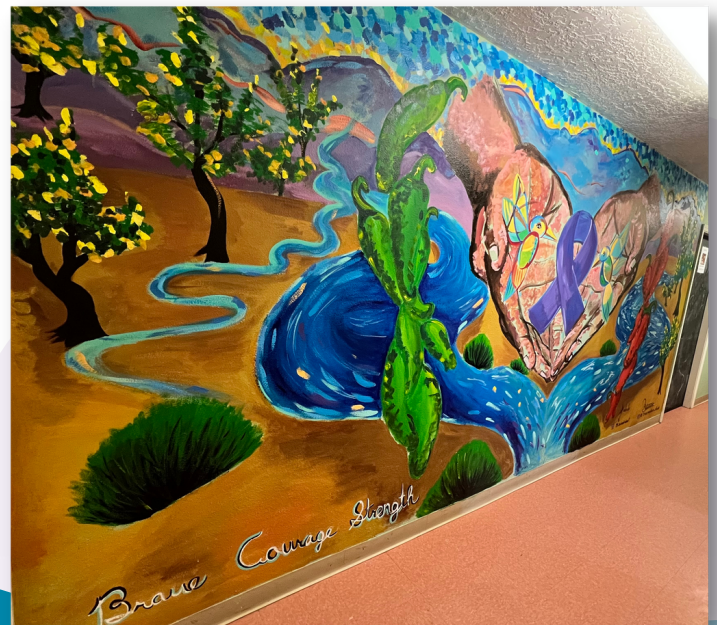


Painting Summer Projects
Moor Shelter 2022



Completed NEW Exercise
Room for Residents

New Shelter Mural Representing
DV Survivors, Culture, and Diversity



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releasing January 6th!

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Advocate of the Month

ANDREA RECTOR

Andrea Rector has been a victim advocate for domestic violence survivors at the Crisis Centers of Northern New Mexico for a year now. She is originally from Tucson, Arizona and moved to New Mexico about 12 years ago because she was fleeing DV from her now ex-husband.

" I have always loved helping people. For the better part of 20 years, I was a caregiver. And when I saw this position open, I thought, yep, I'm gonna do that. Cause that's my passion — is just being there for people."



She has been a certified caregiver for the better part of 20 years as well as working in other areas of healthcare prior to becoming an advocate. When she saw the opportunity to become an advocate she was excited, as her passion has always been to help people. Having her own personal experience as a victim, she knew this position was a calling.

In the year she has been with CCNNM, she has not only been able to help others but has been able to identify more of what she went through. Although she felt she had "healed" and "gotten over my abuse", she has learned what her trauma triggers are as well as what kind of abuse she had dealt with.

With this gained knowledge, coupled with the trainings she has attended through CCNNM and NMCADV, she can now better understand and assess victim's needs. Learning to be trauma informed has been one of the best things in her years of education.

Being hands on in the shelter, she has learned we all go through something at some point in life. Although cases differ from one to another, we all have the same wants and needs; to be heard, protected, to feel safe in our environments and know we are not alone.

Listen to her podcast interview
releasing January 13th!

<https://anchor.fm/nmcadv>



Meet Our New Staff

MARYELLEN GARCIA

DIRECTOR OF POLICY

MaryEllen Garcia has worked in New Mexico's network of survivor services for over 20 years. Most recently she spent the past ten years as the Grants Bureau Chief for the New Mexico Crime Victims Reparation Commission, administering state funds to support survivor services, as well as federal funds from VOCA Victim Assistance, STOP VAWA, SASP, and other federal discretionary awards.

Prior to her work with the Commission, Ms. Garcia administered discretionary grants from the Office on Violence Against Women for the State of New Mexico including projects that developed best practices for access, issuance, and enforcement of orders of protection and a statewide domestic/dating violence, sexual assault, stalking, strangulation, and child victimization project.

She started her career in victim services as a volunteer with a non-profit law enforcement-based victim advocate program. She worked as a crisis negotiator for law enforcement and developed a law enforcement Crisis Outreach and Support Team, focused on providing access to families whose loved ones are experiencing mental illness.

Ms. Garcia has worked on several projects at the state, local and national levels to improve the provision of services for survivors of crime. She has worked

and collaborated with the VERA Institute, the Asian Pacific Institute on Gender-Based Violence, Casa de Esperanza, the Women of Color Network, the Office on Violence Against Women, the Office for Victims of Crime, and numerous other state and national programs

She sat on the national board of Violence Against Women Administrators as the President and often mentors other states in the administration of their federal funding. She has worked with governmental and non-governmental victim service agencies around the state either in training, providing services, development of best practices in serving victims, program development, and leadership within New Mexico.



Listen to her podcast interview
releasing January 20th!

<https://anchor.fm/nmcadv>

Meet Our New Staff

MICA REAGAN

PROGRAM SUPPORT SPECIALIST

Mica Reagan's first opportunity to serve NM youth and families came as the program assistant for NMKids Matter Inc. There she learned from the incredible leadership just what kind of woman leader in community she wanted to be.

Her next opportunity to serve came when she went on to serve Valencia County as the Multidisciplinary Team Coordinator for crimes against children with Valencia Shelter Services Children's Advocacy Center. There she was also privileged to serve as a Victim Service Advocate for survivors of domestic violence as well as sexual assault.

She was offered a position with All Faiths Children's Advocacy center to facilitate and supervise High Fidelity Wraparound. Working with a core service agency that takes a holistic approach to serving the most vulnerable populations in community was important to her.

She is the proud parent of an incredible, intelligent, beautiful college student and a quirky covid puppy. She is also a proud veteran of the US Army.

Listen to her podcast interview
releasing January 27th!

<https://anchor.fm/nmcadv>



Take Care

GET TO YOUR GOAL

Did you know only 8% of people will stick with their New Year's resolutions?

Whether you have a goal of getting back into shape, being more present with others, or achieving a dream —most of us won't do it. Want to be part of the 8% that do? Forbes Coaches have some helpful tips!

These include:

- Take Daily Action
- Start Small
- Tell As Many People As You Can
- Don't Call It A New-Year Resolution
- Set Realistic Goals
- Leverage More Resources
- Write It Down
- Break It Down To 17-Week Goals

- Get An Accountability Partner
- Don't Beat Yourself Up
- Start With The End In Mind
- Connect It To An Existing Habit
- Satisfy Intentions, Not Resolutions
- Put Your Money Where Your Mouth Is

Basically, there are lots of ways of getting to a goal. Keep trying different ways and see what keeps you motivated.

We hope you get to your goals this year.

Read the full article from Forbes [here!](#)

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"Cheers to a new year and another chance for us to get it right."

OPRAH WINFREY

Feedback? Email Rochelle@nmcadv.org